



**Special Message by Mayor Jason F. Cilento**  
**Municipal Action on COVID-19 – Coronavirus**

I am writing to you to provide updates regarding COVID-19 – Coronavirus disease - and what actions the Borough of Dunellen is taking to be proactive against the spread of this virus. As we await any further action from the federal and state government, the most important goal is taking the steps to protect the welfare of the residents, business community and borough personnel. An important piece of information to note is that I am in contact with the Middlesex County Public Health Department and there have been no reported cases in Dunellen.

Therefore, in conjunction with Dunellen’s Office of Emergency Management, our Borough Administrator and in communication with Councilpersons, I am taking the immediate action in closing the Senior Center to all public and private events until further notice to prevent any spread of COVID-19. We will also be running the Senior Bus for one more week on a limited schedule to provide only essential services such as doctors’ appointments and grocery shopping, and to provide our senior and disabled community the opportunity to stock up on food and take advantage of health care appointments before this service is postponed until further notice. In addition, all Recreational programs will be postponed until further notice. The precaution is to decrease opportunities for community gatherings by encouraging social distancing.

Municipal buildings and services will remain open during normal business operations until further notice. However, I am giving the directive that Borough personnel should remain within their respective departments unless business requires in-person communication. Otherwise, non-essential personnel should not be going between departments. Finally, the Borough is looking into cleaning services that will provide a deep-clean to facilities at various times during this public health situation. Council meetings will remain as scheduled until further notice.

The best way to make sure this virus does not spread is by practicing appropriate measures when dealing with colleagues and the public. Take the following steps to protect yourself to reduce the likelihood of contracting COVID-19 and/or spreading it:

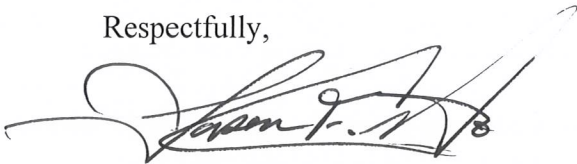
1. Practice proper hand hygiene by promptly washing or sanitizing hands after coughing, sneezing, or physically interacting with others. Wash your hands for at least 20 seconds with soap and water.
2. Avoid touching your face (eyes, nose, and mouth).
3. Cover your mouth and nose with your bent elbow or tissue when you cough or sneeze. (Make sure to dispose of the tissue immediately.)
4. Wash your hands with soap immediately after sneezing or coughing.
5. Avoid close physical contact with others, including shaking hands and hugging.

6. Maintain at least 6 feet distance between yourself and anyone who is coughing or sneezing, when possible.
7. Keep disinfectant wipes and hand sanitizer in an easily accessible place while at home or at work.
8. Seek medical care early if you have a fever, cough and difficulty breathing.
9. Sanitize items you frequently touch during a shift: phones, computers, laptops, keyboards, desk surfaces and door handles.
10. Avoid large public gatherings, public transportation and maintain of all these and the above precautions during all times.
11. If you develop symptoms of an infection, please stay home! People who are mildly ill with COVID-19 can isolate at home during their illness. You should restrict activities outside your home, except for getting medical care.

Finally, there have been reports in a neighboring township of people posing as CDC workers and saying that they are doing a Coronavirus Study. **THEY ARE NOT CDC WORKERS.** Although there have been no reports in Dunellen, be aware that if someone comes to your door identifying themselves as a CDC worker, you should not let them in and should call the police immediately with a description of the individuals.

Again, all steps the Borough is taking are precautions against potential spread of COVID-19 and we ask that you remain diligent in these efforts. Thank you for your time and consideration in this matter.

Respectfully,

A handwritten signature in black ink, appearing to read "Jason F. Cilento", with a large, sweeping flourish extending to the left.

Jason F. Cilento, Mayor  
Borough of Dunellen

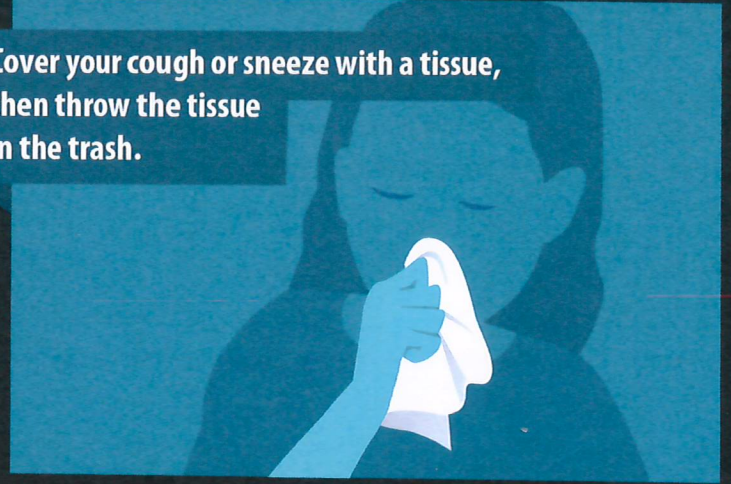
# STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

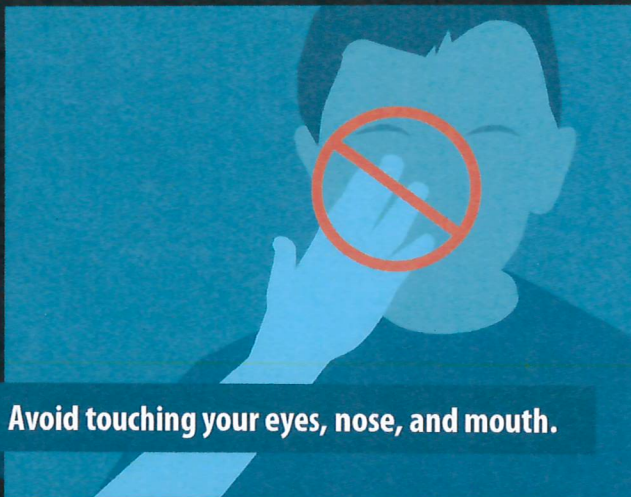
Avoid close contact with people who are sick.



Cover your cough or sneeze with a tissue, then throw the tissue in the trash.



Avoid touching your eyes, nose, and mouth.



Clean and disinfect frequently touched objects and surfaces.



Stay home when you are sick, except to get medical care.



Wash your hands often with soap and water for at least 20 seconds.



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For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)

# What to do if you are sick with coronavirus disease 2019 (COVID-19)

**If you are sick with COVID-19 or suspect you are infected with the virus that causes COVID-19, follow the steps below to help prevent the disease from spreading to people in your home and community.**

## Stay home except to get medical care

You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

## Separate yourself from other people and animals in your home

**People:** As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

**Animals:** Do not handle pets or other animals while sick. See [COVID-19 and Animals](#) for more information.

## Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

## Wear a facemask

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

## Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can; immediately wash your hands with soap and water for at least 20 seconds or clean your hands with an alcohol-based hand sanitizer that contains at least 60 to 95% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty.

## Avoid sharing personal household items

You should not share dishes, drinking glasses, cups, eating utensils, towels, or bedding with other people or pets in your home. After using these items, they should be washed thoroughly with soap and water.

## Clean your hands often

Wash your hands often with soap and water for at least 20 seconds. If soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry. Soap and water should be used preferentially if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.

## Clean all "high-touch" surfaces everyday

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables, every day. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

## Monitor your symptoms

Seek prompt medical attention if your illness is worsening (e.g., difficulty breathing). **Before** seeking care, call your healthcare provider and tell them that you have, or are being evaluated for, COVID-19. Put on a facemask before you enter the facility. These steps will help the healthcare provider's office to keep other people in the office or waiting room from getting infected or exposed.

Ask your healthcare provider to call the local or state health department. Persons who are placed under active monitoring or facilitated self-monitoring should follow instructions provided by their local health department or occupational health professionals, as appropriate.

If you have a medical emergency and need to call 911, notify the dispatch personnel that you have, or are being evaluated for COVID-19. If possible, put on a facemask before emergency medical services arrive.

## Discontinuing home isolation

Patients with confirmed COVID-19 should remain under home isolation precautions until the risk of secondary transmission to others is thought to be low. The decision to discontinue home isolation precautions should be made on a case-by-case basis, in consultation with healthcare providers and state and local health departments.



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For more information: [www.cdc.gov/COVID19](http://www.cdc.gov/COVID19)